

Holy Spirit Prayer

Holy Spirit,
Comforting fire,
Life of all creation.

Anointing the sick, cleansing body and soul,
fill this body!

Holy Spirit,
sacred breath, fire of love,
sweetest taste, beautiful aroma,
fill this heart!

Holy Spirit,
filling the world,
from the heights to the deep,
raining from clouds, filling rivers and sea,
fill this mind!

Holy Spirit,
forgiving and giving,
uniting strangers, reconciling enemies,
seeking the lost, and enfolding us together,
fill these gathered here!

Holy Spirit,
bringing light into dark places, igniting praise,
greatest gift, our Hope and Encourager,
Holy Spirit of Christ,
we praise you!

– Hildegard of Bingen (1098-1179AD)