

Reflecting on a Year with the Pandemic

It has been a long year of living with covid and we have learned new things about ourselves and about the changes happening in the world. In an effort to continue learning, here are some questions for personal reflection that can facilitate each of us in our growth and understanding. At some point this year we may offer groups or a Sunday morning learning opportunity to converse about the ways that the pandemic has changed each of us. And perhaps how we will change as a congregation in our life and ministry.

- What was challenging about this past year for you? Why was it challenging?

- What did you become accustomed to during the pandemic that was not part of your typical experience or routine beforehand? Is it good that you became accustomed to it? Will you continue with new habits, or are you eager to get back to a previous normal?

- How has this year impacted you? How have you been changed by the pandemic?

- Despite the challenges, what might you have found to be a relief, or a gift, from this past year? How did you experience God's presence in new ways this year?

- What are you looking forward to in the coming year? What do you hope will have changed for the better in our world?