



PRELUDE "Losa," by Emmanuel Sejoune
- Ian Alvarez, vibraphone
- Mackenzie Alvarez, marimba
- Scott Friend, cajon

WELCOME

CALL TO WORSHIP

We gather this day from a week
filled with needs and demands
and the bombardment of our senses
by an anxious world.

**We come to find rest,
and renewal for our lives.**

Open your hearts in love
to hear the voice of God.

**We want to quiet our hearts and minds
and rest in God's presence,
free from the clamor of the world.**

This is the day the Lord has made.

We will rejoice and be glad in it!

HYMN #14 *For the Beauty of the Earth*

PRAYER OF PRAISE

We praise you for creating this world in all beauty,
for redeeming the world through Christ, our Lord,
and for sending us the gift of your Spirit
to encourage, instruct, and sustain us.
We long for your Spirit to work among us now,
to inspire our praise,
to challenge us with your truth,
and to equip us for service in your world. Amen.

RESPONSE (insert) *This Is My Father's World*

PRAYER OF CONFESSION AND REFLECTION

Loving God, we confess that we are restless
creatures, trying to fill our lives with meaning or
with distractions, apart from you.

We have taken on burdens that aren't ours to bear,
and worn ourselves out trying to fix problems that
aren't ours to fix. Satisfy us with your love, and help
us to bear our burdens wisely so we may truly serve
others, from a place of peace and rest.

(silent prayer and reflection)

WORDS OF ASSURANCE—from Isaiah 30:15, 18

*"In returning and rest you shall be saved;
in quietness and trust shall be your strength.
The Lord longs to be gracious to you;
therefore he will rise up and show you mercy.
Blessed are all who wait for him."*

By the love of God, mercy has been given to us—
the forgiveness of sins, and peace with God
through the reconciling work of Jesus Christ.

Thanks be to God!

PASSING THE PEACE

HYMN #157 *Lord of the Dance*

SCRIPTURE READINGS Exodus 23:10-12
Mark 2:23-3:6

MESSAGE Sabbath Rest and Renewal

HYMN #393 *O Day of Rest and Gladness*

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

*Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts,
as we forgive our debtors.
And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom,
and the power,
and the glory
now and forever. Amen.*

HYMN #772 *Live into Hope*

BENEDICTION

POSTLUDE "Kiss the Rain," by Yiruma
- David Little, piano